

# NURS-152: THE ROLE OF THE NURSE IN HEALTH & WELLNESS, CHRONIC ILLNESS AND GERIATRIC CARE

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Nursing Program 2025

Course

- NURS-152: The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care
- NURS-251: Community and Acute Medical- Surgical Nursing Care I
- NURS-252: Nursing Care of Patients With Acute Illness II
- NURS-253: Nursing Capstone

**Effective Term**

Fall 2025

**CC Approval**

10/04/2024

**AS Approval**

10/24/2024

**BOT Approval**

11/21/2024

**COCI Approval**

05/15/2025

## SECTION A - Course Data Elements

**CB04 Credit Status**

Credit - Degree Applicable

**Discipline**

Minimum Qualifications	And/Or
Nursing (Master's Degree)	Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

**Subject Code**

NURS - Nursing

**Course Number**

152

**Department**

Nursing (NURS)

**Division**

Health Occupations (HEOC)

**Full Course Title**

The Role of the Nurse in Health & Wellness, Chronic Illness and Geriatric Care

**Short Title**

Role of Nurse in H&W

**CB03 TOP Code**

1230.10 - \*Registered Nursing

**CB08 Basic Skills Status**

NBS - Not Basic Skills

**CB09 SAM Code**

C - Clearly Occupational

**Rationale**

According to the BRN we have more units than required and more hours than most programs and we need to reduce our overall hours and units and they are also considering the difficulty in student placements, faculty shortages, nursing shortages, and the ramifications of Title IX in regards to unit limitations. We also have struggled getting the clinical hours met based on clinical site availability and faculty limitations. The BRN recommends 8-10 student to instructor ratios for clinical depending on the clinical experience. Many of the clinical sites have reduced maximum student cohorts to 8 students per placement. Students and the faculty have found it challenging as at times they have to complete two 13-hour shifts per week and then lecture hours and other lab hours on top of that in order to complete the required BRN approved hours. Now we are going from an 18-week semester to a shorter 16-week cycle. And for these reasons maintaining the current number of hours is not feasible. The BRN has stated that the revisions we have made look reasonable and are in line with their requirements. Once we get them approved via the college channels, they will formally approve the entire curriculum revisions. Our revisions are primarily decreased units and slightly adjusted time frames. Last year, 3 FT faculty retired, and we only replaced two of them and we are currently on overload, so the reduction in hours would not displace any current FT tenure-track faculty positions. Our overall Nursing Course reductions will result in an overall reduction from 47 units to 41 units.

**SECTION B - Course Description****Catalog Course Description**

Using the knowledge and skills gained taking pre-requisite courses and the concepts and skills learned in NURS-151 they will study the role of the nurse, the practice of nursing, and the concepts of clinical reasoning and clinical judgment. Students will participate in activities that will further their knowledge of health and wellness, as well as chronic illness, and they will be integrating these concepts to better understand the unique needs of the geriatric population and how to provide them care.

**SECTION C - Conditions on Enrollment****Open Entry/Open Exit**

No

**Repeatability**

Not Repeatable

**Grading Options**

Letter Grade Only

**Allow Audit**

Yes

**Requisites****Prerequisite(s)**

Completion of NURS-151 and COMM-124 with a minimum grade of C.

**Corequisite(s)**

Concurrent enrollment in or previous completion of COMM-124 with a minimum grade of C.

**Requisite Justification****Requisite Description**

Course in a Sequence

**Subject**

NURS

**Course #**

151

**Level of Scrutiny**

Content Review

**Upon entering this course, students should be able to:**

Completion of NURS-151 with a minimum grade of C.

## SECTION D - Course Standards

Is this course variable unit?

No

**Units**

5.00

**Lecture Hours**

54.00

**Lab Hours**

108.00

**Outside of Class Hours**

108

**Total Contact Hours**

162

**Total Student Hours**

270

## Distance Education Approval

Is this course offered through Distance Education?

Yes

**Online Delivery Methods**

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

## SECTION E - Course Content

**Student Learning Outcomes**

Upon satisfactory completion of the course, students will be able to:	
1.	Nursing Process: Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
2.	Ethical and Legal Guidelines: Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Communication: Develop basic principles of effective and therapeutic communication including use of informatics.
4.	Decision Making: Plan relevant evidence-based practice to guide basic client care.
5.	Leadership and Management: Provide safe and effective patient centered care in an organized manner.
6.	Commitment: Display professional attitudes and values that demonstrate growth and self-development.

**Course Objectives**

Upon satisfactory completion of the course, students will be able to:	
1.	Prioritize the nursing process to promote health and wellness, provide safe care for clients with chronic health alterations, and focus on the needs of the geriatric population.
2.	Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3.	Develop basic principles of effective and therapeutic communication including use of informatics.
4.	Plan relevant evidence-based practice to guide basic client care.
5.	Provide safe and effective patient centered care in an organized manner.
6.	Display professional attitudes and values that demonstrate growth and self-development.

**Course Content**

1. Nursing topics/threads to be introduced in this course include cultural awareness, diversity, health promotion & maintenance, management of care/ leadership, clinical reasoning and clinical judgment, growth and development/ human sexuality,

psychosocial integrity, physiologic adaptation, pharmacological & parenteral therapy, pain management, chronicity, end of life, community care for chronic illness and geriatric care.

2. Pathophysiologic Mechanisms of Disease
  - a. Fluid, electrolyte, and acid-base imbalances
  - b. Genetics and genomics
  - c. Inflammation and wound healing
  - d. Infection and HIV
3. Pre and Post Operative Nursing concepts and care, including pharmacologic intervention
4. Rehabilitative Concepts and the role of the RN
5. Health and wellness throughout the Lifespan
6. Focus on Geriatric Care/ Issues
  - a. biologic and psychosocial issues
  - b. health promotion & wellness using EBP
  - c. pharmacologic intervention
  - d. reduction of risk (falls, malnutrition, STDs)
  - e. nutrition
  - f. patient teaching
  - g. cultural awareness
  - h. caring
    - i. continuum of care including in-home support,
    - j. assisted living,
    - k. rehabilitation centers,
    - l. skilled nursing, palliative care, hospice
  - m. legal and ethical issues
  - n. end of life care

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Group Work	Small group work utilizing the nursing process and tools to develop clinical reasoning, imagination, & judgment.
Journal	Journaling to promote student learning, clinical reasoning, and self-reflection.
Lab	Clinical site with instructor supervision, skills lab, virtual simulation modules, & simulated patient care environment.
Lecture	Lecture, discussion, and small group activities.

### Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

### Student-Initiated Online Contact Types

Discussions

### Course design is accessible

Yes

## Methods of Evaluation

### Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Section quizzes, math quizzes on Canvas or on paper. Standardized exams objectively measuring student knowledge.
Quizzes	Test student learning of classroom material utilizing an online format in Canvas or other electronic resource that objectively scores student's knowledge.

Simulation	Direct observation of a Simulated patient care environment or instructor may review scores from an assigned virtual simulation delivered in an online platform.
Class Participation	Observation of participation in small group work and other in-class activities.
Homework	Instructor reviews of care plans & gives student feedback on improvement.
Lab Activities	Clinical Evaluation tool, post conference and post-simulation debriefing or if needed remediation. See annual nursing handbook for most up to date specifics on evaluation methods.

**Assignments**

**Reading Assignments**

Reading assignments from textbooks and online resources.

**Writing Assignments**

1. Nursing documentation - appropriately demonstrate proper writing in a patient medical record with medical terminology, formatting, and proper language.
2. Write a nursing plan of care using the Nursing Process.
3. Introduction of the clinical reasoning model tool.
4. Self-reflection through journaling

**Other Assignments**

Case studies & online quizzes as assigned by instructor.

**SECTION F - Textbooks and Instructional Materials**

**Material Type**

Manual

**Author**

Napa Valley College ADN Faculty

**Title**

NVC ADN Student Handbook

**Publisher**

NVC

**Year**

01-01-2018

**Material Type**

Textbook

**Author**

Honan, L.

**Title**

Medical-Surgical Nursing: Focus on Clinical Judgment & Lippincott CoursePoint

**Edition/Version**

3rd edition

**Publisher**

Wolters Kluwer, Lippincott

**Year**

2024

**Rationale**

Updated course materials and changed to a vendor with multiple online tools to improve student learning outcomes and clinical reasoning.

**ISBN #**

online part of an interactive integrated package

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**Material Type**

Textbook

**Author**

Craven

**Title**

Craven's Fundamentals of Nursing: Lippincott CoursePoint+ Enhanced

**Edition/Version**

9th edition

**Publisher**

Wolters Kluwer

**Year**

2020

**Rationale**

Research emphasizes importance of interactive learning resources and activities and repetition of concepts threaded throughout the curriculum to promote patient safety.

**ISBN #**

Online Package for the 2 year nursing program

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**Course Codes (Admin Only)**

**ASSIST Update**

No

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

No

**Only Pass/No Pass**

No