



## **KINE 291 - Soccer Team Course Outline**

**Approval Date:** 02/13/2020

**Effective Date:** 08/14/2020

### **SECTION A**

**Unique ID Number** CCC000616748

**Discipline(s)** Coaching  
Health  
Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 291

**Course Title** Soccer Team

**TOP Code/SAM Code** 1270.00 - Kinesiology / E - Non-Occupational

**Rationale for adding this course to the curriculum** Changing subject code to KINE.

**Units** 3

**Cross List** N/A

**Typical Course Weeks** 18

### **Total Instructional Hours**

#### **Contact Hours**

**Lecture** 0.00

**Lab** 175.00

**Activity** 0.00

**Work Experience** 0.00

**Outside of Class Hours** 0.00

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**Total Contact Hours** 175

**Total Student Hours** 175

**Open Entry/Open Exit** No

**Maximum Enrollment** 30

**Grading Option** Letter Grade or P/NP

**Distance Education Mode of Instruction** On-Campus

**SECTION B**

**General Education Information:**

**SECTION C**

**Course Description**

**Repeatability** May be repeated 3 times

**Catalog Description** This is a course designed for the competitive soccer player who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

**Schedule Description**

**SECTION D**

**Condition on Enrollment**

**1a. Prerequisite(s):** *None*

**1b. Corequisite(s):** *None*

**1c. Recommended:** *None*

**1d. Limitation on Enrollment:** *None*

**SECTION E**

**Course Outline Information**

**1. Student Learning Outcomes:**

A. Demonstrate the skills and utilize strategies required to participate in intercollegiate soccer.

**2. Course Objectives:** Upon completion of this course, the student will be able to:

- A. Demonstrate knowledge of sportsmanship
- B. Analyze defensive strategies for game play
- C. Analyze offensive strategies for game play
- D. Evaluate individual and team performance
- E. Demonstrate acquisition of skills necessary for intercollegiate play
- F. Demonstrate knowledge of Commission on Athletics (COA), NCAA and FIFA rules and regulations
- G. Set up a physical conditioning program for pre-season and season play
- H. Demonstrate team leadership and responsibility
- I.

**3. Course Content**

- A. Individual skills development:
  - a. dribbling
  - b. passing
  - c. heading
  - d. shooting
  - e. direct kicks
  - f. indirect kicks
  - g. penalty kicks
  - h. corner kicks
  - i. crossing
  - j. goalie techniques
- B. Offensive strategy techniques and field positioning

- C. Defensive strategy techniques and field positioning
- D. Rules and regulations and sportsmanship, team leadership and responsibility
- E. Soccer training and physical conditioning programs
- F. Match analysis

#### 4. Methods of Instruction:

**Lab:** Students will be required to demonstrate good sportsmanship, individual and team responsibility. Students will be required to demonstrate skill acquisition for competitive play. Students will be required to analyze team and individual performance.

**Other:** Activity: Students will participate in and compete in intercollegiate soccer. Group Drills: Students will do drills to enhance their tactical understanding of soccer. Individual Technique Drills: Students will do drills to enhance their personal soccer skills. Team Work: Students will prepare in a team setting to compete with other college teams.

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

#### Typical classroom assessment techniques

Class Work --

Class Performance -- Students will be required to participate in skill acquisition drills.

Students will be required to analyze game situations and individual performance. Students will be required to demonstrate good sportsmanship, teams and individual responsibility.

Additional assessment information:

Class Work: completion of training program

Class Performance: evaluation of individual and team performance

Class Performance: participation in competitive events

Class work: development of a cooperative attitude

Letter Grade or P/NP

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

##### A. Reading Assignments

Students will be required to read the NVC Student Athlete Handbook. Students will be required to read handouts on nutrition. Students will be required to read the team playbook.

##### B. Writing Assignments

Students will be required to develop practice plan and evaluate performance.

Students will conduct written pregame and post-game analysis.

##### C. Other Assignments

Students will be required to participate in conference and non-conference play.

Competition will take place on weekends and outside of scheduled class time.

#### 7. Required Materials

##### A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: U.S. Soccer Federation

Title: Official Rules of Soccer

Publisher: Triumph Books

Date of Publication: 2016

Edition: Revised

**B. Other required materials/supplies.**

- The primary resource material for students are handouts prepared by the coach
- Other reference materials
- Current NCAA Manual
- National Collegiate Athletic Association
- Current FIFA Rule Book