HSRV-124: WORKING WITH DIVERSE POPULATIONS

Effective Term
Fall 2024

SECTION A - Course Data Elements

CB04 Credit Status
Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Counseling (Master's Degree)	

Subject Code
HSRV - Human Services
Course Number
124

Department
Counseling (COUN)

Division
Counseling (COUN)

Full Course Title
Working With Diverse Populations

Short Title
Work With Diverse Populations

CB03 TOP Code
2104.00 - *Human Services

CB08 Basic Skills Status
NBS - Not Basic Skills

CB09 SAM Code
C - Clearly Occupational

Rationale
Updating textbooks, methods of instruction and evaluation. Also adding discipline experts for teaching.

SECTION B - Course Description

Catalog Course Description
A course examining the historical and current values, problems, issues, concerns, and support needs of special population groups including, but not limited to age, gender, race, ethnicity, culture, immigration status, socioeconomic status, physical or psychiatric disability, sexual orientation, and gender identity. The role of power in the helping relationship will be examined with regard to social and cultural identities and viewing both the service provider and the client within the context of the larger society. Emphasis is on the importance of self-awareness and examining personal biases and prejudices in order to be an effective human services provider.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit
No

Repeatability
Not Repeatable

Grading Options
Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites

SECTION D - Course Standards

Is this course variable unit?

No

Units

3.00000

Lecture Hours

54.00

Outside of Class Hours

108

Total Contact Hours

54

Total Student Hours

162

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content

Student Learning Outcomes

	Upon satisfactory completion of the course, students will be able to:
1.	Students will have an increased awareness of their own cultural bias/values/beliefs/attitudes, and gain deeper awareness of other cultural groups bias/values/beliefs/attitudes within the Human Services field.

Course Objectives

	Upon satisfactory completion of the course, students will be able to:
1.	Evaluate the historical perspectives of culturally diverse populations and define key terms.
2.	Appraise racism, sexism and prejudice in self, institutions, and culture.
3.	Evaluate one's own cultural values, beliefs and attitudes and compare and contrast them to American culture, issues of race, gender roles, and sexual identity.
4.	Identify bias and barriers in service delivery systems.
5.	Distinguish differences and commonalities in working with diverse populations.
6.	Examine critical issues in working with culturally different clients and develop methods to address their needs.

Course Content

Introduction to Cultural Diversity

    A. Historical Perspective

    B. Self Assessment

    C. Overview of local demographics and human service agencies

Identify Racism, Sexism and Prejudice
      A. Individual racism, sexism and prejudice
      B. Institutional racism, sexism, and prejudice
      C. Cultural racism and sexism
      D. Self assessment

Review Culture and Cultural Differences
      A. What is Culture?
      B. Cultural influence of gender roles
      C. Values, beliefs, attitudes & socialization
      D. Cross-cultural human service models

Bias in Service Delivery
      A. Impact of social, political and racial attitudes
      B. Cultural aspects of human service delivery
      C. Unconscious Bias in institutions
      D. Barriers to community resources

Working with Diverse Populations, including but not limited to:
      A. Latinos/as
      B. Native Americans
      C. African Americans
      D. Asian Americans
      E. Women
      F. Gays, Lesbians, Bisexuals, and transgender individuals
      G. Socioeconomic status differences
      H. Children, parents and families

Critical Issues in working with Culturally Different Clients
      A. Preparing for cross-cultural work
      B. Assessing culturally different clients
               a. gender and sex roles
               b. ethnicity
               c. age
               d. religious affiliation
               e. sexual orientation
               f. gender identity/expression or transgender
C. Establishing rapport
D. Avoiding stereotypes
E. Mental Health Issues
               a. assimilation and acculturation
               b. unresolved trauma and historical grief
               c. drug and alcohol use

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Discussion	Prompted interactive discussion mediated by the instructor.
Group Work	Small group work to review concepts in the course.
Lecture	Review of text content and experiences.
Visiting Lecturers	Lecturers from various cultural background discussing their experiences.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
Chat Rooms
Discussion Boards
E-mail Communication

Telephone Conversations
Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
Discussions
Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Essays/Papers	Written assignments including papers, journals, and free writing exercises
Exams/Tests	Midterm and final exam
Simulation	Student perform in-class and recorded role plays.

Assignments

Reading Assignments

Students will be required to complete all reading assignments.

Example 1: Select a book on a given cultural topic to read for a book report. Example 2: Read a chapter from the assigned text book and write a chapter summary or answer chapter review questions

Writing Assignments

Students will be required to complete all writing assignments including papers, journal entries, and free writing in class.

Example 1: Write a book report on a book that includes a personal response to the cultural topics discussed.

Example 2: Cultural report on a group of people who may seek assistance in Human Services, and who is different from the student.

Other Assignments

Discussion Boards - Required once/week or once/every two weeks. Students will respond to 1-3 discussion posts/week or every other week based on the reading or online topics, and post 1-3 comments or questions/week or every other week.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Donald Lum

Title

Culturally Competent Practice: A Framework for Understanding

Edition/Version

4th Edition

Publisher

Cengage

Year

2011

Material Type

Textbook

Author

Jerry V. Diller

Title
Cultural Diversity: A Primer for the Human Services

Edition/Version
6th Edition

Publisher
Cengage Learning

Year
2018

ISBN #
0170291553

Material Type
Textbook

Author
J. F. Healey and A. Stepnick

Title
Diversity and Society: Race, Ethnicity, and Gender

Edition/Version
7th Edition

Publisher
SAGE Publications, Inc

Year
2022

ISBN #
 1071849980

Proposed General Education/Transfer Agreement

Do you wish to propose this course for a Local General Education Area?
No

Do you wish to propose this course for a CSU General Education Area?
No

Do you wish to propose this course for a UC Transferable Course Agreement (UC-TCA)?
No

Course Codes (Admin Only)

ASSIST Update
No

CB00 State ID
CCC000179655

CB10 Cooperative Work Experience Status
N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status
Y - Credit Course

CB13 Special Class Status
N - The Course is Not an Approved Special Class

CB23 Funding Agency Category
Y - Not Applicable (Funding Not Used)

CB24 Program Course Status
Program Applicable

Allow Pass/No Pass
Yes

Only Pass/No Pass
No