



DANS 134B - Ballet II Course Outline

Approval Date: 04/20/2017

Effective Date: 06/09/2017

SECTION A

Unique ID Number

Discipline(s) Dance

Division Kinesiology & Athletics

Subject Area Dance

Subject Code DANS

Course Number 134B

Course Title Ballet II

TOP Code/SAM Code 1008.00 - Dance, General / E - Non-Occupational

Rationale for adding this course to the curriculum CLO update

Units 1 – 1.5

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 0.00
to 0.00

Lab 0.00
to 0.00

Activity 36.00
to 54.00

Work Experience 0.00
to 0.00

Outside of Class Hours 18.00
to 27.00

Total Contact Hours 36
to 54

Total Student Hours 54
to 81

Open Entry/Open Exit No

Maximum Enrollment 30

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description The Level II Ballet course utilizes and builds on the technique, vocabulary, structure and historical information from the Ballet Basics course. Students will continue to accrue technique and increase their ballet vocabulary and learn level one combinations at the barre', in center floor, and in traveling combinations.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended

- Previous basic ballet experience.

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- A. Demonstrate knowledge of dance technique to safely participate in dance activity/genre.
- B. Understand basic principles of anatomy, physiology, and / or bio-mechanics that apply to dance activity / genre.
- C. Value the psychological and sociological concepts that apply to dance genre.
- D. Apply knowledge of health and wellness to develop and informed, personal approach to mental and physical health.

2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Perform basic Ballet barre technique in first, third and fifth position and accumulate begging level technique / vocabulary including but not limited to: Rond de Jambe, coupe', passe', pas de bourre', temps lie',fondu, glissade, pirouette and jete'.
- B. Incorporate proper basic arm positions (port de bras) in barre, center, progressions and dance combinations.
- C. Demonstrate articulation of the pointed foot during a terre', en lair and in transitional level I and II movement.
- D. Incorporate proper torso, neck and leg (turn-out/rotation) alignment into technique.
- E. Progress to level III Ballet class.
- F.

3. Course Content

I. Key Ballet terminology / vocabulary.

II. Continuation of Ballet History from basic origins to stylistic evolution.

III. Ballet technique

- A. Barre in 1st, 5th and 3rd position

- a. grand plie' and demi plie'
 - b. tendu', tendu' degage', frappe'
 - c. grand battement and attitude and en cloche
 - d. rond de jambe a terre and en l'air
 - e. developpe'
 - f. demi-point releve', detourne, pas de bourre'
 - g. beginning adagio at barre'
- B. Center (apply basic and beginning technique)
- a. Use of epaulement
 - b. Comprehension of directional placement in space.
- C. Techniques moving across the floor
- a. glissade
 - b. jete'
 - c. chaine increasing speed and developing "spotting" technique.
 - d. balance'
 - e. pas de bourre'
 - f. beginning pirouette

IV. Level II Ballet combinations incorporating all explored techniques, rhythmic competency and beginning level performance aesthetics.

4. Methods of Instruction:

Activity: techniques of ballet barre and center work

Critique: technique or combination

Discussion: ballet history and origins

Lecture: ballet history and origins

Observation and Demonstration: Demonstrate all activity and observe students performance

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests -- on dance combinations or specific technique or exercise at the barre

Quizzes -- ballet vocabulary or general history

Final Class Performance -- ballet combination performance

Final Exam -- written exam on a figure or era of ballet

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Chapter 5: "Well Turned Out".

Chapter 3: "The Stem of Aplomb".

B. Writing Assignments

View a live or recorded Ballet performance. List the technique / vocabulary that you recognize and comment on the advance level of the performers.

List and/or draw the 5 foot and arm positions.

C. Other Assignments

Work in pairs and demonstrate, view, critique and discuss the tendu' (en croix)center exercise.

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Grant, G.

Title: Technical Manual and Dictionary of Classical Ballet

Publisher: BN Publishing

Date of Publication: 2016

Edition: 5th

B. Other required materials/supplies.

- Handout: glossary of common dance terminology